



Athletics

Quarter 1 (August 13th – October 15th)

Interscholastic Sports Schedule

Welcome to the Nest Athletics! Below you will find the current schedule for the Interscholastic and Intramurals sports offered during Quarter 1. All Interscholastic sports will require a completed Athletic Packet in order to participate. The Athletic Packet can be picked up in the front office. All students who participate in Intramural Sports will need to complete the Intramural Permission slip. This is also located in the front office. If you have any questions please do not hesitate to reach out.

-Cody Russell (Athletic Director) cody.russell@palmbeachschools.org

All tryouts and practices will take place after school at the designated locations. Softball will host tryouts on the softball field and Baseball will host tryouts on the baseball field. All tryouts and practices will start at 4:15 pm and will end at 5:25 pm.

Softball (Coach Sheppard)

9/17- Carver @ Eagles

9/19- Omni @ Eagles

9/23- Eagles @ Logger's Run

9/25- Don Estridge @ Eagles

9/27- Eagles @ Palm Springs

10/2- Carver @ Eagles

10/4- Eagles @ Omni

10/8- Logger's Run @ Eagles

10/11- Eagles @ Don Estridge

10/15- Palm Springs @ Eagles

Dates that are highlighted are home games

All home games will be played at South County Burt Aaronson SB field #4

All games will start @ 4:30 pm

Baseball (Coach Rappaport)

9/18- Omni @ Eagles

9/20- Eagles @ Don Estridge

9/24- Boca Raton @ Eagles

9/26- Eagles @ Logger's Run

10/1- Carver @ Eagles

10/3- Eagles @ Omni

10/7- Don Estridge @ Eagles
10/10- Eagles @ Boca Raton
10/14- Logger's Run @ Eagles
10/16- Eagles @ Carver

Dates that are highlighted are home games

All home games will be played at South County Burt Aaronson BB field #10

All games will start @ 4:30 pm

Intramurals

Girls Basketball (Coach Laster)

9/3, 9/4, 9/5, 9/9, 9/10 9/11, 9/12, 9/16, 9/17

Boys Basketball (Coach Gales)

9/3, 9/4, 9/5, 9/9, 9/10 9/11, 9/12, 9/16, 9/17

Soccer (Coach McGoldrick)

9/17 Boys

9/19 Girls

9/24 Boys

9/25 Girls

9/26 Boys

10/1 Girls

10/2 Boys

10/3 Girls

10/8 Boys

10/10 Girls

Volleyball (Coach Gondek)

E=Everyone A=Advance B=Beginning

E- Wed. Sept. 18

E- Thurs. Sept. 19

A- Mon. Sept.23

B- Wed. Sept 25

A-Tues. Oct 01

B-Wed. Oct. 02

A-Thurs. Oct 03

B-Mon. Oct 07

A-Tues. Oct 08

B-Thurs. Oct 10

A-Tues. Oct. 15

B-Wed. Oct 16

Protect The Nest!